

JCHS SUGGESTED NCAA APPROVED COURSES

ATHLETE PERSONAL PLAN OF STUDY



FRESHMAN YEAR

- English I or Honor's English I
- Algebra I or higher (Alg A = .5 approved/yr & Alg B = .5 approved/yr)
- Physical Science
- Citizenship
- World Language - level 1 or higher

SOPHOMORE YEAR

- English II or Honor's English II
- Geometry or Higher
- Biology
- World History or AP European History
- World Language – level 1 or higher

JUNIOR YEAR

- English III, AP English Language or Pre-AP Literature
- Algebra II or higher
- Chemistry, Human Biology, Principles of Tech I or II, PLTW Biomedical Courses***, Physics, Astronomy, Anatomy & Physiology, or AP Biology
- US History or AP US History

SENIOR YEAR

- English IV, English Composition 101 & 102, Creative Writing, World Literature, Mystery Suspense & Horror, AP English Literature
- Additional Math Credit – higher than Algebra II
- Additional Science Credit (list from junior year)
- Government, AP Comparative Govt & Politics, AP US Govt & Politics
- Other approved electives (See page two of this document for a comprehensive list of approved courses for JCHS)

* 8th grade courses do NOT count toward graduation or NCAA qualification

** Sixteen (16) core credits are required to be eligible to play for a D1 or D2 college (See page two for more information).

*** PLTW Biomedical courses may be taken as electives, starting as a freshman. The courses in order are: Principles of Biomedical Science (PBS), Human Body Systems (HBS), Medical Interventions (MI), and Biomedical Innovations (BI)

**** For more information, the JCHS Student Academic Planning Guide may be found at <https://www.jcschools.us/Page/16115>.

***** Division I – There is a sliding scale for your GPA and SAT or ACT test score. Division II – Minimum GPA is 2.00, Minimum SAT score is 820 or Minimum ACT sum score is 68.

Division I	Division II	NCAA Approved Courses for JCHS
4 credits of English	3 credits of English	Creative Writing Debate 1 or 2 English 1 or 1/H English 101 or 102 English 2 or 2/H English 3 English 4 English Lang & Comp/AP English Lit/Pre-AP English/Lit/AP Journalistic Writing Mystery, Suspense, & Horror Speech 1 or 2 World Literature
2 credits of Natural/Physical Science (including one year of lab science, if offered) * Indicates Lab Course	2 credits of Natural/Physical Science (including one year of lab science, if offered) *Indicates Lab Course	Anatomy & Physiology AP Physics A AP Physics B * Biology * Biology Med * Biology AP * Chemistry * Chemistry Med * Chemistry/Pre-AP * Human Biology * Intro to Astronomy Physical Science Physics First * PLTW – PBS, HBS, MI, or BI Principles of Tech I or II *
3 credits of Math (Algebra I or higher)	2 credits of Math (Algebra I or higher)	Algebra I Algebra IA (0.5 units max) Algebra IB (0.5 units max) Algebra II Geometry Math Analysis & Trigonometry Calculus AB I/AP Calculus AB II/AP Calculus BC AP College Algebra Statistics/AP
2 credits of Social Science	2 credits of Social Science	American Civil War AP Comparative Govt. & Politics Citizenship Educational Psychology European History/AP Geography of Asia, Africa, Australia Geography of N and S America Government Human Geography/AP Intro to Economics Legislative Seminar Missouri History Psychology Psychology/AP Revolution and War Sociology I or II The American West The Middle East Past & Present US Government & Politics/AP US History US History/AP We The People World History
1 credit of additional English, math, or natural/physical science	3 credits of additional English, math, or natural/physical science	See Courses Listed Above
4 credits of additional English, math, natural/physical science, social science, foreign language, comparative religion or philosophy	4 credits of additional English, math, natural/physical science, social science, foreign language, comparative religion or philosophy	See Courses Listed Above with Additional Courses of: French 1, 2, 3, or 4 German 1, 2, 3, or 4 Latin 1, 2, 3, or 4 Spanish 1, 2, 3, 4, or 5 Spanish/AP